



# DR. Ahmad Hafeez Ahmad Hafiz Abdurashid

Consultant psychiatrist

Specialized psychiatric hospital

King Salman bin Abdul-Aziz medical city

## CURRENT POSITIONS

- Psychiatric Consultant.
- Head of consultation Liaison Psychiatry Department at Al-Amal Psychiatric Complex in Al- Madina Al-Munawara.
- Clinical Assistant Professor of Psychiatry, college of Medicine, TAIBA University.
- Director of Mental Health and Medical Social Services in Al-Madina Al-Munawara Region.

## ACCADAMIC QUALIFICATION

- KING FAISAL FELLOWSHIP IN PSYCHIATRY (8/11/1998G – 19/7/1419H).
- JORDAIAN BOARD OF PSYCHIATRY (1/9/1998G – 10/5/1419H).
- SAUDI HEALTH SEPCILITY CERTIFICATE OF PSYCHIATRY (25/11/1998G – 6/8/1419H).
- BACHALOR DEGREE OF MEDICINE AND SURGERY (K.A.A.U.) JEDDAH (1989/1990G – 1410/1411H).
- AUTHORIZED TRAINER OF NLP – THE INTERNATIONAL ASSOCIATION OF NLP.

## Clinical Appointments

- Secondary School Education from Abdul Aziz Al-Rabia, Al- Madina (from 5/4/1981G (1/6/1401H) to 4/3/1984G (1/6/1404H)).
- Medical College, king Abdul Aziz University, Jeddah on 28/12/1989G (1/6/1410H).
- Internship in Madina Hospitals and included an elective course in Psychiatry 1/8/1990G (10/1/1411H) To 19/8/1991G (9/2/1412H).
- Appointment at MOH (Civil Service) 13/10/1991G (6/4/1412H)
- Worked at Primary Health Care in Madina from 13/10/1991G (6/4/1412H) To 7/6/1992G (6/12/1412H):
  - Training Period at Psychiatric Hospital in Taif for 3 months.
- Psychiatric Resident at Psychiatric Hospitals in Madina from 8/6/1992G (7/12/1412H) To 31/12/1992G (7/7/1413H).
- K.F.U.F residency program from 31/12/1992G (8/7/1413H) To 1/8/1998G (9/4/1419H):
  - 1 - Worked at Al-AMAL Hospital in Damam (4months).
  - 2 - Worked at Child Psychiatric Unit in Al salmania Psychiatric center, Al Manama, Al Bahrain.
  - 3 - Worked at Forensic psychiatric Unit in Taif for 3 months.
- King Faisal University Fellowship in Psychiatry (8/11/1998G – 19/7/1419H).

Address:

Kingdom of Saudi  
Arabia

Al-Madina Al-Munawra  
Al-Amal Mental Health  
Complex

Home P.O.BOX: 4051

Home Post Code: 42319

Work P.O.BOX: 5084

Work Post Code: 41311

Phone: +966148619200

Fax: +966148619210

Mobile: +966547044480

Email:

drahmadhafiz1@gmail.com

Date of Birth:

01/07/1387 AH - 4/10/1967 AD

Place of Birth:

AL-MADINA AL-MUNAWARA

Nationality: Saudi

Marital Status: Married  
with 5 Children

Nick Name: Motivation  
Ambassador

- Jordanian Board of Psychiatry (1/9/1998G – 10/5/1419H).
- Saudi Board of Psychiatry (SHSC Psych) (25/11/1998G – 6/8/1419H).
- Psychiatric Resident at Psychiatric Hospitals in Madina: 15/8/1998G (23/4/1419H).
- Promotion to work as specialist: 14/6/1999G (30/2/1420H).
- Promotion to work as consultant: 15/9/2001G (27/6/1422H).
- Head of consultation liaison psychiatry: 10/2/2005G (1/1/1426H) Till now.
- Appointment at MOH (Self-employment): 16/9/2013G (10/11/1434H) Till now.

### Clinical experiences

- Special interest in Management of Sexual, Marital and Family Problems.
- A special interest in Psychotherapy mainly in (Cognitive Behavioral Therapy).
- The responsible psychiatrist for Advisory committee for political prisoners in Ministry of Interior Affairs.
- Head of consultation liaison psychiatry providing psychological medical services for all patients admitted in the general hospitals in Madina in addition to psychiatric clinics, and the headquarters of the Department located at King Fahd General Hospital in Madina.

### ADMINISTRATIVE DUTIES

- Assistants Medical Director from 5/10/1998G (15/6/1419H) to 19/11/1998G (1/8/1419H).
- Medical Director from 20/11/1998G (2/8/1419H) to 30/9/2000G (2/7/1421H).
- Formerly, Ex. Director of Al-Amal Mental Health Complex, Madina from 30/9/2000G (2/7/1421H) to 1/10/2016G (30/12/1437H).
- Director of Mental Health and Medical Social Administration at General Directorate of Health Affairs in Madina.
- Formerly, advisory Board Member of Saudi Psychiatric Association.
- Formerly, Board Member in National Psychiatric committee in M.O.H.
- Formerly, an Official Representative of Organizing Programs of Ministry to apply Psychiatric Services at Primary Health Care in Al Madina.
- Formerly, a Representative of Supervising Committee in Organizing and Practicing Traditional Remedies and Rocky at Ministry of Interior Affairs (Al-Amara).
- Formerly, member in the Committee for Student Guiding Center.
- Board Member in the Charity Project of Marriage and Family Care in Madina (Osraty).
- Board Member in the Board of Directors of the Charitable Society for Health Care (Rea'aety).
- Board Member in the Charity Project of Social Rehabilitation (WAEE).
- Advisory Member in Consultation Skills Committee, Al Madina.
- Head of Brain Stimulation Center at Al-Amal for Mental Health Complex, Al Madina Region.
- Outside and inside shares: Posted by the Government to Serve in Saudi Civilian Hospital at Baghdad in Iraq from 19/7/2003G (19/5/1424H) to 17/8/2003G (19/6/1424H).
- Model Prize of Hajj from Prince Naif Bin Abdul Aziz (Ministry of Interior Affairs).

### Seminars and scientific conferences

Available on request

## **Training Courses**

Available on request

### **Additional Qualifications**

- Training course: introduction to computer
- Training courses in presentation skills
- Training courses in hospital management
- Training courses in Quality Management
- Training courses in NLP and self-development
- Training courses in medical counseling skills
- Training courses in effective communication skills
- Training courses in motivation techniques
- Training courses in dealing with stress

### **Academic Achievements**

- Preparation and presentation of the course of psychiatry for students of the Faculty of Medicine, University of Taiba and continue to teach students.
- Preparation and submission of psychological nursing course for students of the health college in Madina.
- Preparation and delivering of the curriculum of the Diploma of Family Counseling - Waece charity Association.
- Obtaining the Jordanian Medical Council's recognition of the hospital.
- Obtaining the accreditation of the Saudi Commission for Health Specialties in the hospital.

### **Health Management Achievements**

- Implementation of an integrated program to remove the stigma of mental patients in Medina.
- Coordination of the visit of His Royal Highness Prince Muqrin bin Abdul Aziz Al Saud, Prince of Madina Region to the mental health hospital.
- Coordination for the establishment of the Al Amal Mental Health Complex in Madina with a clinical capacity (200 beds).
- Establishment of the Department of Home Psychiatry in the hospital.
- Creation of brain stimulation center (ECT, TMS, EEG).
- Establishment of a motivation department to stimulate employees in the work environment.

### **Research and scientific studies**

- 1- Effectiveness of social skill training in adolescent children with behavioral disorders: skill acquisition (Published in Arab psychiatric journal,1998- 9th edition, no1, page 32-36)
- 2- Descriptive study of psychological and behavioral problems among pilgrims, 1421-1422-1423, (presented in first madina international psychiatric conference)

- 3- Studying related psychological stress & its relation with behavioral problems among university students.
- 4- Comparative study for IQ level; draw a man test for early childhood children, transcultural (KSA, Egypt, Tunisia, France)
- 5- Psychiatric home care, length of hospital stay and risk of rehospitalization in patients suffering from schizophrenia; a case control study in Al-Madina Al-Munawara region (Published in journal of Taiba university medical sciences 1431 -2010)
- 6- Demographic characteristics of users of psychiatric home care in patients suffering from psychiatric morbidities; at Al-Madina Al-Munawara KSA (Published in American journal of research communication)
- 7- Prevalence of and attitudes toward eating disorders among female nurses (Published In middle east current psychiatry 2015)
- 8- Rate of substance abuse among patients with first episode psychosis (Published in middle east current psychiatry 2015)

### Other

#### Talents and creations:

Singing traditional songs, Psychodrama, Organization of conferences and events, Coordination of social and recreational activities

#### References

- 1- Dr. Othman Mansour Abdullah, Consultant Psychiatrist, Al Amal Mental Health Complex, Madina, Mobile 00966503315856 Email: dr.osman56@gmail.com
- 2- Dr. Tijani Adam Hammad, Consultant Psychiatrist, Mobile 00249962149707 e-mail:
- 3 - Dr. Sheikh Idris Abdul Rahim, Professor of Psychiatry King Faisal University in Dammam Which brought together two schools of psychiatry (a doctorate of psychiatry from the Soviet Union and a fellowship of psychiatry from Britain.
- 4 - Dr. Ahmed Okasha, Professor of Psychiatry Ain Shams University. Ex. President of the World Federation of Psychiatry (former) Mobile: 01222118291 e-mail: Aokasha35@gmail.com